

PRONJECT



STUDENT  
SCHOLARS  
PROGRAM

ASSISTING THOSE WITH DEVELOPMENTAL  
DISABILITIES

BY: RIA SINGH



I PLAY AND TEACH PIANO TO YOUNG STUDENTS IN MONROE



I AM A MEMBER OF NATIONAL HONOR SOCIETY AND RHO KAPPA HISTORY HONOR SOCIETY



## A BIT ABOUT ME:



I JOINED OneProject IN MY JUNIOR YEAR OF HIGH SCHOOL AND AM CURRENTLY IN 12TH GRADE

I HAVE VOLUNTEERED IN ORGANIZATIONS SUCH AS YOUNG KHALSA GIRLS AND MT. SEPA TO GIVE BACK TO THE COMMUNITY



Sewa Honesty Humility Courage Unity



PERFORMED IN THE ALL STATE CHORUS FOR NEW JERSEY IN 2022 AND AM CURRENTLY HOLD A LEADERSHIP POSITION IN MY HIGH SCHOOL CHOIR

I COMPETED IN THE MISS NJ TEEN PAGEANT IN MARCH OF THIS YEAR!



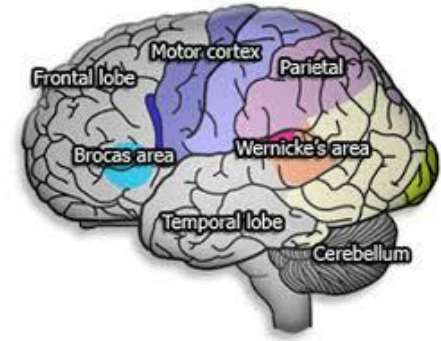
STARTED OFF PLAYING PIANO TO  
4 SENIOR CENTERS OVER THE  
HOLIDAYS...  
BUT REALIZED THERE WAS NO LONGEVITY

SO...



# WHY THIS PROJECT?

I DON'T BELIEVE THAT INDIVIDUALS WITH DEVELOPMENTAL  
(SUCH AS PHYSICAL, COGNITIVE, AND EMOTIONAL)  
DISABILITIES ARE NOT RECOGNIZED AS MUCH AS THEY SHOULD  
BE



WHAT PARTS OF THE BRAIN ARE  
FUNCTIONAL WITH A PERSON WHO  
HAS A SPEECH DISORDER

MANY INDIVIDUALS ARE BULLIED OR UNABLE TO LIVE  
THEIR LIVES HOW THEY WANT BECAUSE OF SOMETHING  
THEY CANNOT CONTROL



MY UNCLE HAS A PHYSICAL DISABILITY THAT HAS AFFECTED HIS LIFE AND I WOULD LIKE TO ASSIST  
OTHER PEOPLE THAT WOULD LIKE TO SPEAK ABOUT HOW THEIR DISABILITY HAS AFFECTED THEM  
IMPACT: I BELIEVE THAT THIS PROJECT CAN HELP COMMUNITIES THAT DO NOT HAVE RESOURCES  
TO ASSIST THEM

## PHASE ONE:

GET IN TOUCH WITH DISABILITY GROUP AT MONROE TOWNSHIP HIGH SCHOOL AND SEE WHAT OPPORTUNITIES ARE AVAILABLE- FEBRUARY AND MARCH

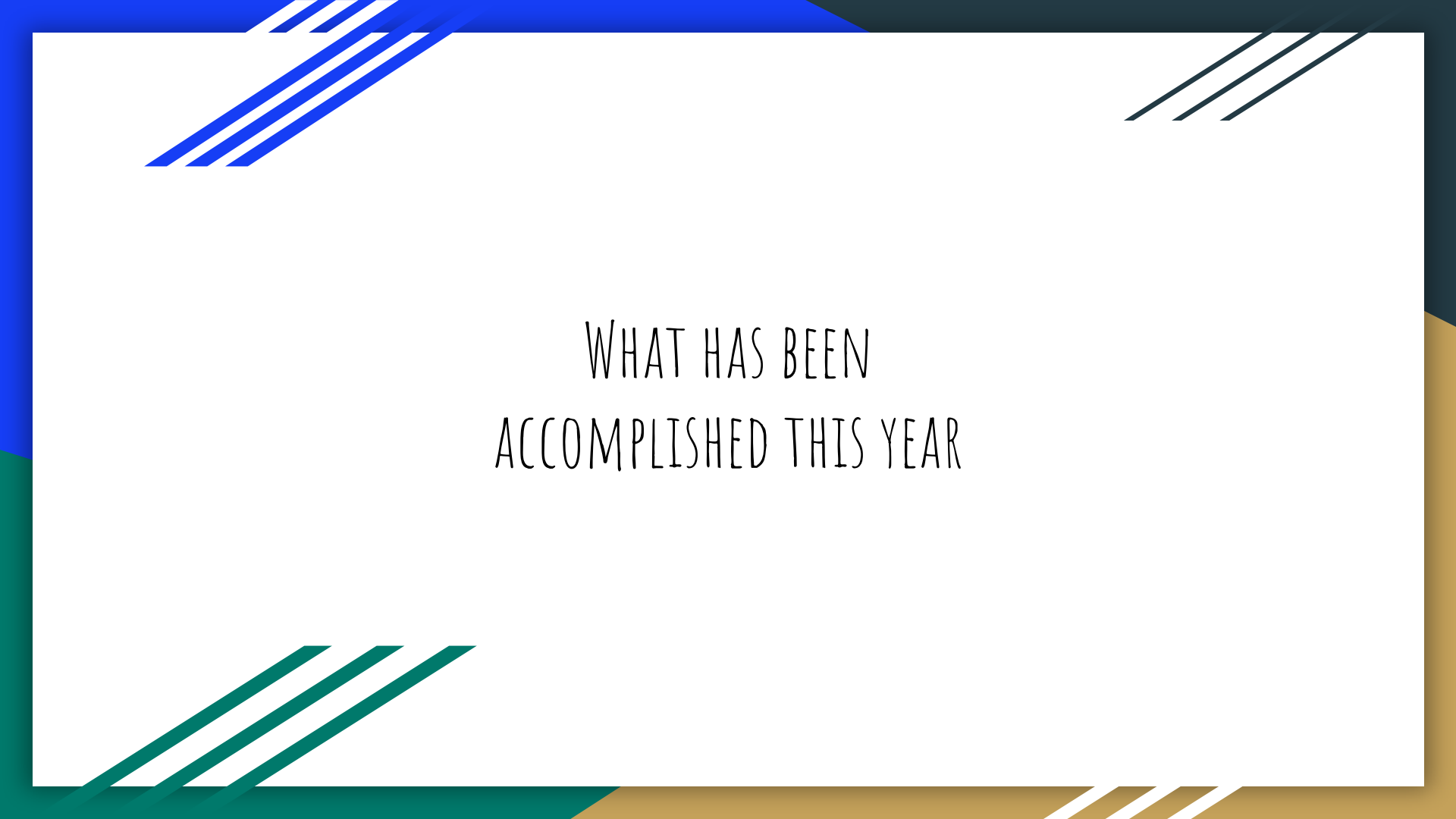
## PHASE TWO:

HOSTED DISABILITY AWARENESS WEBINAR FOR AWARENESS- MAY THROUGH AUGUST



## PHASE THREE:

WORK ON EXPANDING UNIFIED (SPECIAL EDUCATION) MUSIC PROGRAM T MONROE TOWNSHIP HIGH SCHOOL, I AM CURRENTLY A PAL AND HELP WITH TEACHING LESSONS- AUGUST THROUGH DECEMBER



WHAT HAS BEEN  
ACCOMPLISHED THIS YEAR

# HOSTED A DISABILITY AWARENESS WEBINAR IN JUNE!

## Prevalence

As mentioned before, 25% of the U.S. population has a disability. One billion people around the world have some form of disability.

- The most common disability are ambulatory (mobility) disabilities
- The disability population in the U.S. has substantially increased
- Many individuals may have undiagnosed mental health disabilities
- 65% of individuals living in poverty for at least three years had a disability

## PROJECT

### Inside Look: Disabilities (Physical, Cognitive, & Emotional) from the lens of the student

By: Ria Singh, OneProject Student Scholar  
June 4th, 2023 3-3:45 pm

## Discussion with Sharon Hoelzle

## Disability Statistics

- 25% of the U.S. population has a disability
- 50-60% of working-age adults with disabilities are unemployed
- 70-80% of disabilities are invisible/hidden

## Inclusion & Awareness

How included are people with disabilities? The simple answer is not enough.

Disabled people have a hard time finding their place in society as they have been:

- Denied jobs
- Ridiculed and faced cruelty
- Unaccepted socially
- Struggling to find their identity
- Face poverty
- Have limited accessibility
- Don't receive proper education

## Types of Disabilities

<p><b>A</b> <b>Developmental Disabilities</b></p> <p>Affect a person's physical or cognitive abilities. Includes: Autism, brain injuries, Alzheimer's disease, etc.</p>	<p><b>D</b> <b>Physical Disabilities</b></p> <p>Affects a person's movement or stamina. Includes: amputations, cerebral palsy, Arthritis, etc.</p>
<p><b>B</b> <b>Neurological Disabilities</b></p> <p>Affect parts of the nervous system causing impairment physically, cognitively, and emotionally. Includes: epilepsy, ADD, brain tumors, etc.</p>	<p><b>E</b> <b>Intellectual Disabilities</b></p> <p>Affect a person's communication abilities, and personal/interpersonal skills. Includes: Down Syndrome, ADHD, etc.</p>
<p><b>C</b> <b>Mental Health Disabilities</b></p> <p>Affect a person's thoughts, moods, and behaviors. Includes: Depression, Bipolar disorder, PTSD, etc.</p>	<p><b>F</b> <b>Speech/Communication Disorders</b></p> <p>Affect how a person comprehends and conveys information. Includes: Stuttering, learning disabilities, developmental disabilities, etc.</p>

# Bake Sale

For Charity

Monroe Township High School  
Come Find Ria on Tuesday,  
Wednesday, or Thursday  
10th-12th

Sugar Cookies  
Chocolate Chip  
\$150 each

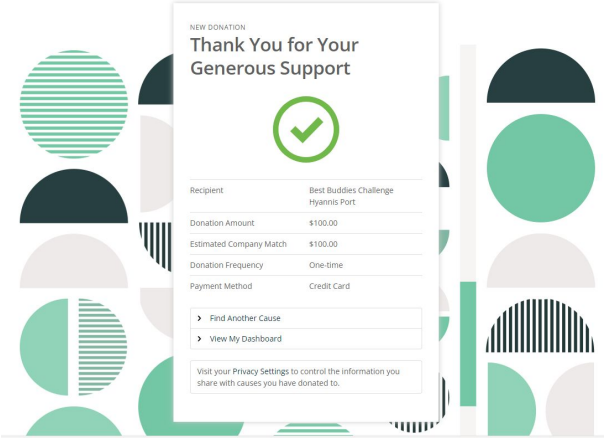
**ALL PROFIT** Goes to the Best Buddies, an organization dedicated to helping create friendships between people with and without intellectual or developmental disabilities!

Organized and Baked by Ria Singh



## COMPLETED A BAKE SALE!

- HOSTED A BAKE SALE AT MONROE TOWNSHIP HIGH SCHOOL SELLING COOKIES!
- ALL PROFITS WENT TO THE BEST BUDDIES ORGANIZATION
  - FOCUSED ON THE HYANNIS PORT CHALLENGE (RAISING MONEY AND AWARENESS TO DISABILITIES BY CYCLING)
  - 200 DOLLAR DONATION (SERVICE NOW WILL MATCH THE DONATION OF 100 DOLLARS)!
- MADE OVER 55 COOKIES AND INVITED FRIENDS OVER TO HELP THE CAUSE!





## CREATED FLYERS FOR PROMOTION

RIA  
SINGH

### Spreading Disability Awareness



venmo

Venmo: @Ria156  
Zelle:  
riatrikhasingh@gmail.com

#### About Me

Hi everyone! My name is Ria Singh and I am part of the Student Scholars program at OneProject. For my project, I chose to focus my attention on spreading disability awareness in my community. I am currently accepting donations to support the BestBuddies organization, which is dedicated to creating opportunities for people with intellectual and developmental disabilities. If you feel like donating, you can easily do so by using the Venmo or Zelle links on the top of the flyer. No pressure at all, but any amount you're comfortable with would be great. Rest assured, all the funds I collect will be sent over to BestBuddies by December. Together, we can promote inclusion and equality for all. Join us in making a positive impact today! Your support is highly appreciated.

## Come Join Ria!



AT THE MASTER PETERS TRUNK OR  
TREAT IN ROBBINSVILLE!

STAY INFORMED ON DIFFERENT  
TYPES OF DISABILITIES AND HOW  
TO BE RESPECTFUL

1151 US-130, ROBBINSVILLE TWP, NJ  
1:30-3:30 PM

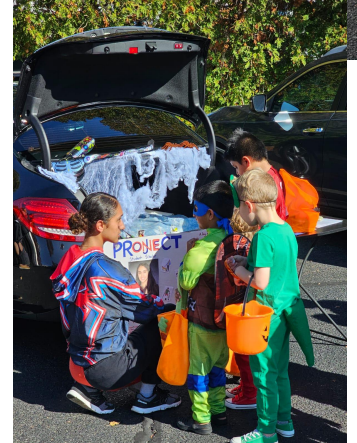
MORE INFORMATION CAN BE FOUND BY  
CONTACTING 732-822-7319

- CREATED FLYERS TO PROMOTE THE BEST BUDDIES ORGANIZATION AND THE MASTER PETERS TRUNK OR TREAT EVENT
  - WAS ALSO ABLE TO PROMOTE ISHAR'S PROJECT BY GIVING OUT HIS FLYERS AT THE EVENT!
- SOUGHT TO RAISE AWARENESS TO INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

# ATTENDED AND PROMOTED PROJECT AT MASTER PETERS TRUNK OR TREAT!



WAS ABLE TO EXPAND MY AUDIENCE BEYOND JUST TEENAGERS



## LONGEVITY AND CLOSING STATEMENTS

THE LONGEVITY PART OF MY PROJECT WILL BE ACCOMPLISHED THROUGH THE UNIFIED MUSIC PROGRAM AT MONROE TOWNSHIP HIGH SCHOOL

UNIFIED MUSIC HAS A SMALL GROUP OF INDIVIDUALS RIGHT NOW AND I PLAN ON HELPING PROMOTE THE CLASS TO OTHER PEOPLE IN THE SCHOOL THAT MIGHT BE INTERESTED AS WELL AS COMING UP WITH LESSONS IN THE NEW YEAR

CURRENTLY, I AM CONTACT WITH MY CHORUS TEACHER ABOUT FUNDRAISING FOR A FIELD TRIP TO A BROADWAY SHOW FOR OUR CLASS AND SEEING WHAT ACTIVITIES WE COULD DO IN THE SPRING



THIS PICTURE INCLUDES 2 OF THE 4 UNIFIED MUSIC STUDENTS!

THEY ARE ON DIFFERENT LEVELS BUT HAVE ALL BEEN ABLE TO KEEP UP WITH...(SEE NEXT SLIDE)



## LONGEVITY AND CLOSING STATEMENTS

### MY INVOLVEMENT WITH UNIFIED:

- TEACHING BASIC SIGHT READING (NAMES OF EACH NOTE)
- RHYTHM TEACHING WITH DIFFERENT DYNAMICS ON DRUMS (LOUD, SOFT, ETC.)

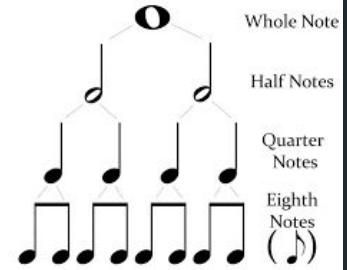
- LEARNING DIFFERENT KEYS ON THE PIANO (C,D,E)

- EXPLORING AND CREATING NEW RHYTHMS! (QUARTER NOTES, EIGHTH NOTES, SIXTEENTH NOTES)

- CONTRIBUTING IDEAS FOR ALL CLASSES

- RESPONSIBLE FOR ALL INSTRUCTION IN TEACHERS ABSENCE

I ACHIEVED MY GOAL  
OF IMPACTING THE  
COMMUNITY!



(EVERYTHING I  
DIRECTLY LEAD IS IN  
GREEN)



THAT'S ALL!

